

Samuel Allsopp School –Autumn 1 Menu 2024

		Week 1 Week starting:02/09/24, 23/09/24, 14/10/24	Week 2 Week starting: 09/09/24/, 30/09/24, 21/10/24	Week 3 Week starting: 16/09/24/, 07/10/24
MONDAY	<p>Cheese & Herb Pizza, Diced Potatoes, Baked Beans & Vegetables Samosa with Diced Potatoes, Beans or Vegetables Lite Lunch: Spicy Pasta Bake with Garlic Bread</p>	<p>Cheese & Herb Pizza with Wedges, Beans or Veg Vegan Rolls with Wedges, Beans or Vegetables Lite Lunch: Jacket Potato with Beans or Tuna</p>	<p>Cheese & Herb Pizza, Potato Croquettes, Beans or Vegetables Creamy Vegetable Pasta & Vegetables Lite Lunch: Jacket Potato with Curry or Beans</p>	
	<i>Dessert: Chocolate Brownie</i>	<i>Dessert: Cornflake Cake</i>	<i>Dessert: Rocky Road</i>	
TUESDAY	<p>Chicken Burger in a bun, Potato Balls, Beans or Veg Quorn Ball pasta with Vegetables & Garlic Bread Lite Lunch: Jacket Potato with Tuna or Beans</p>	<p>Fish cake, Mash Potatoes, Beans or Vegetables Cheese and Potato Pie with Beans or Vegetables Lite Lunch: Broccoli & Sweetcorn Pasta with Vegetables</p>	<p>Chicken Tikka Masala with Rice & Vegetables Quorn Burger Pattie with Mash, Beans or Vegetables Lite Lunch: Mac 'n' Cheese with Garlic Bread & Vegetables</p>	
	<i>Dessert: Chocolate Swirl</i>	<i>Dessert: Cook's Shortbread</i>	<i>Dessert: Oatie Biscuit</i>	
WEDNESDAY	<p>Roast Chicken Dinner with Mash Potato, Veg & Yorkshire Pudding Quorn Roast Lite Lunch: Cheese & Beans on Toast with a side of Potato Hash</p>	<p>Roast Chicken Dinner with New Potato's & Vegetable, Yorkshire Pudding or Stuffing Quorn Roast Lite Lunch: Tomato & Basil Pasta with Vegetables</p>	<p>Roast Chicken Dinner with Roast Potatoes, Vegetables & Yorkshire Puddings Quorn Roast Lite Lunch: Jacket Potato with Tuna & Sweetcorn or Beans</p>	
	<i>Dessert: Mousse</i>	<i>Dessert: Mousse</i>	<i>Dessert: Mousse</i>	
THURSDAY	<p>Spaghetti Bolognese with Garlic Bread & Vegetables Vegetable Quiche with New Potatoes & Vegetables Lite Lunch: Jacket Potato with Cheese & Beans or Vegetables</p>	<p>Sweet & Sour Chicken with a side of Side of Rice & Summer Vegetables Cheese & Onion Roll with Diced Potato, Beans or Veg Lite Lunch: Jacket Potato with Quorn Mince or Veg</p>	<p>Hot Dog with Curly Fries, Beans or Vegetables BBQ Quorn Topped Fillet with Curly Fries & Side of Veg Lite Lunch: Cheese and Potato Pinwheels with Rice Salad & Coleslaw</p>	
	<i>Desserts: Chocolate Muffin</i>	<i>Dessert: Doughnuts</i>	<i>Dessert: Summer Tray Bake</i>	
FRIDAY	<p>Fish of the Day & Chips, Peas or Baked Beans Veggie Fingers & Chips, Peas or Baked Beans Lite Lunch: Beans on Toast</p>	<p>Fish of the Day & Chips, Peas or Baked Beans Veggie Fingers & Chips, Peas or Baked Beans Lite Lunch: Cheese Toastie</p>	<p>Fish of the Day & Chips, Peas or Baked Beans Veggie Fingers & Chips, Peas or Baked Beans Lite Lunch: Cheese & Bean Wrap</p>	
	<i>Desserts: Ice cream</i>	<i>Dessert: Ice Cream</i>	<i>Desserts: Ice Cream</i>	

Salad and Bread Basket Available Daily